

# Team Building Skills

## Introduction

This programme can be adapted for a teambuilding 'awayday' or for a group of team leaders from different areas to review and improve their skills.

## Learning Objectives

By the end of the programme you will:

- understand what makes an effective team and how to create the right team climate;
- recognise the key stages of team development and the effective interventions that create improvement;
- understand different team member styles and the need for diversity;
- understand how to create energising team meetings;
- have experienced team activities that give insight into team effectiveness;
- have assessed team strength and areas for improvement;
- have an action plan for improvement.

## Course Programme

0930

### Introductions and Course Objectives

What makes an effective team?

Assessing your team's effectiveness

Stages of Team Development

Team Development Activity

Creating the right team climate

Managing conflict in teams

1230

### Lunch

Team Development activity

Powerful and participative team meetings

Team communications review

Team roles and styles - assessment and review

Review and action planning

1630

### Evaluation and Close